

Board Agenda Item



Topic: National Award for Teaching Excellence in Physical and Health Education

Presenter: Dan Lower

Meeting Date: June 11, 2025

Background

Whether it's leading high-energy gym classes or helping students discover their passion for physical activity, Phys. Ed. Specialist at École Central Middle Scott Luck has always focused on getting kids moving - and now, he's being recognized for his efforts on a national level.

Scott has been named as one of just seven recipients across Canada for the National Award for Teaching Excellence in Physical and Health Education presented by Physical and Health Education Canada. The award honours exceptional teaching and leadership in promoting wellness and physical literacy in schools.

Scott's journey to education wasn't typical. Initially being accepted into a combined Phys. Ed. and Education degree right out of high school, he was steered away from the field. Years later in his 20s, he returned to his calling and earned his After Degree in Education from the University of Alberta. He landed his first teaching job at the age of 28.

He began his career in Edmonton and quickly came to Red Deer teaching at Hunting Hills High School before joining École Central Middle, where he's spent the past eight years helping students discover the joy of movement.

Amanda Wilson, Principal at École Central Middle, said Scott is an exceptional Phys. Ed. teacher who creates inclusive, high-quality programs that cater to widely diverse student needs.

Congratulations Scott, and thank you for instilling a lifelong love of health and wellness in students!

Superintendent Leadership Quality Standard:

School Authority Operations & Resources

- Recognizing student and staff accomplishments.